



## Family volunteers to remember son

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Larry Lefferts examines odds and ends that belonged to his son, John, on a bookcase in his office. John died suddenly and unexpectedly of an aortic dissection at age 22. More than 37 people have received tissue donations following his death. The Leffertses believe that by choosing the path of tissue donation they are keeping their son's memory alive by helping others live.

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NORMAL, Ill.] Since John Lefferts died suddenly and unexpectedly of an aortic dissection at age 22, his family has been on a journey.

"I feel like my heart is truly broken," said his mother, Vivian Lefferts, of Normal. "After my son died, I thought, 'How will I tell people about John? How will I keep his memory alive?'"

A path chosen by Vivian and Larry Lefferts was to keep their son's memory alive by helping others to live. They agreed that their son would be a tissue donor. His two corneas and 35 bones and tissues have improved the lives of 37 people in 14 states.

"It's a way for his legacy to live on," said Eleanor Hess, of Normal, John's sister.

The Leffertses became volunteer-advocates with the Gift of Hope Organ & Tissue Donor Network. They have spent much of the past eight years encouraging people to register to be organ and tissue donors by telling John's story.

They are members of the organization's Donor Family Advisory Council and led a letter-writing campaign supporting the bill that created the Illinois Organ/Tissue Donor Registry in 2006.

Their efforts are being honored with Vivian's selection to be among 32 riders from throughout the country on the Donate Life Float during the Rose Parade in Pasadena, Calif., today. Riders will include living donors, organ and tissue donation recipients and donor family members.

"The float honors the millions of people touched by organ and tissue donations across the country and the millions of people who are waiting (for a transplant)," said Gift of Hope spokesman Tony Sullivan.

"The Leffertses stand out because of the commitment they have shown to raise public awareness," Sullivan said. While Vivian will be on the float, she represents Larry, Eleanor and other family members who will be watching the parade in Pasadena.

"We can't think of a better representative than Vivian," Sullivan said. "The theme of this year's float is Journeys of the Heart. When John died, the Leffertses started on a journey of the heart and they have been on that journey for more than eight years."

Vivian said, "It's an honor to take John's story to another level."

John was a likable young man and loyal friend who would lend money to people in need and pick up friends who needed rides in the middle of the night. He was great with kids and liked helping older adults. At the time of his death on Oct. 11, 2004, he was living in Springfield, working in patient transportation at Memorial Medical Center and studying at Midwest Technical Institute to be a massage therapist.

A friend who was a therapist told John that he had "a healing aura," his father recalled.

On Oct. 11, 2004, John wasn't feeling well. Vivian — who then lived with Larry in Athens — came to John's Springfield apartment to help him.

She called 911 and John was taken to Memorial. The Leffertses were told later that John had an aortic dissection, an uncommon condition in which a tear in the aorta (the blood vessel that branches off the heart) results in a blood surge that causes the aorta to rupture. An aortic dissection often is fatal.

"The nurse and emergency room doctor said they did everything they could," Larry said. "We sat there, dumbfounded by it all."

"After the initial shock, we talked about donation," his father recalled.

"It fit John, his personality and compassion and how he lived his life," said Eleanor, now 29 and a music education teacher in Lexington.

Because his organs had been without oxygen for awhile, they couldn't be donated. But his cornea, bones and tissue enhanced the lives of 37 people in 14 states, including a staff sergeant whose knee was rebuilt.

"He'd be happy with how many lives he's been able to help," Eleanor said.

After John's death, Vivian and Larry — who moved to Normal in 2008 — became involved in Gift of Hope and know that their efforts have convinced others to register to be donors.

But their heart-felt work also has brought them comfort.

"Knowing that part of John lives on in others has brought relief to the family," his mother said.

His father agreed. "Healing has come from tragedy."

**Tags** Illinois, Health And Fitness, Organ And Tissue Donor, Local News

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